

Rutland County Council

Job Description

Job Title:	MiCare Support Worker
Grade:	£18,065 - £18,426 (£9.36 - £9.55 per hour)
Department:	Community Support Services
Team:	Community Support
Line Manager:	Community Support Services Manager

Purpose of the Job:

To provide intensive support, including Reablement, for people with disabilities, complex needs, and those who are frail and recovering from illness or injury, focusing on helping people to restore their optimum level of independent functioning.

To provide a homecare service for people with complex health and/or care needs, ensuring a personalised and flexible approach to support, and meet the needs of people in emergency situations.

Key responsibilities:

- Support service users in a flexible way to undertake a variety of tasks such as washing, dressing, showering and bathing, meal preparation, domestic activities, community activities. Working to a graded programme to help optimise their level of ability and independence.
- Deliver the programme, including identifying assistive equipment and demonstrating how to use this safely. Advise on strategies for managing fatigue and pain, preventing falls, and using adaptive techniques
- Use supportive and motivational approaches to help service users identify and achieve their goals. Assist them to make their own choices and have control over the support they receive
- Undertake a range of delegated health tasks such as prompting prescribed medication, supporting the application of prescribed creams, eye and ear drops, catheter care, and prompting exercise as prescribed
- Provide written observations of the person's circumstances, whether improvement or deterioration, to help with progression and review of the support provided. Complete and update all other documentation required.
- Respond to emergency situations, taking the appropriate action to ensure medical help is summoned



- Liaise closely with Co-ordinators and Managers, reporting swiftly any circumstance requiring an immediate response
- Adhere to safe moving and handling procedures in line with individual support plans
- Support the development of person centred planning, ensuring support plans have meaningful and achievable goals with positive outcomes
- Ensure all personal care tasks are carried out with respect for privacy and dignity and in line with the needs, wishes and preferences of the individual as outlined in the support plan
- Develop positive working relationships with the family and carers, and develop their understanding of the principles of the service
- Respect the confidential nature of the work and protect personal information in accordance with Data Protection Legislation

This job description indicates the main areas of activity of this post. From time to time, however, other tasks/duties may be required but these will fall within the general areas of responsibility and grade of the post.

Person Specification

Qualifications	A good level of education equivalent to GCSE standard NVQ Level 2 in Social Care, or equivalent. Must be prepared to undertake and complete this if not already attained.
Experience	<i>Experience of providing personal care and support in either a paid or voluntary capacity</i>
Knowledge	An understanding of the Care Act 2014, and values of promoting independence, choice, dignity and rights Common conditions experienced by older people
Skills	Able to communicate effectively both verbally and in writing Able to record observations relevantly and accurately Able to work effectively on own as well as part of a team
Values	Able to recognise discrimination and be proactive in ensuring the Council's policy is put into practice. Participate in all training activities, and ensure ongoing awareness of current instructions



Able to work flexibly on a rota basis where necessary between 7am – 10pm on a 365 days a year, including weekends, evenings and Bank Holidays. Must be willing to participate in standby rota.

Must have access to a vehicle for work at all times.

